

NOW ONLINE! 

Enhance Your Skills as a

COPD EDUCATOR

With the **AARC COPD Educator Course**, you will learn more about diagnosis, assessment, treatment, oxygen therapy, medication, and disease management. Plus, you will learn how to teach your patients better self-management skills.

Course includes a panel discussion with COPD patients that'll help you:

- Understand why patient education is important to the COPD patient.
- Learn how to better communicate with the patient.
- Understand the value you bring from the patients' perspective.

This course covers:

- Age and cultural-appropriate education techniques.
- Smoking cessation intervention.
- Key components of pulmonary rehabilitation.
- Managing patient care from admission to discharge to the home environment.
- Resources available to the educator and patient.
- Proper medication use and dosing, including long-term oxygen therapy.

WHY IS COPD DISEASE MANAGEMENT IMPORTANT?

- ⇒ COPD is the fourth leading cause of death in the U.S.
- ⇒ Reducing rates of rehospitalization has attracted attention from policymakers as a way to improve quality of care and reduce costs.¹
- ⇒ COPD is the third most frequent reason for hospital readmissions.¹
- ⇒ Research shows that supportive palliative care can reduce rehospitalization and increase patient satisfaction.²
- ⇒ There is a quality deficit in routine care of COPD patients, suggesting that increased focus on routine management of COPD care is warranted.³
- ⇒ By teaching patients self management, the clinician can help to decrease the number of readmissions and emergency department visits.⁴

1. Jencks SF, Williams MV, Coleman EA. Rehospitalizations among patients in the Medicare fee-for-service program. *N Engl J Med* 2009;360:1418-28.

2. Brumley R, Enguidanos S, Jamison P, et al. Increased satisfaction with care and lower costs: results of a randomized trial of in-home palliative care. *J Am Geriatr Soc* 2007;55:993-1000.

3. Mularski RA, Asch SM, Shrank WH, Kerr EA, et al. The quality of obstructive lung disease care for adults in the United States as measured by adherence to recommended processes. *Chest* 2006; 130:1844-1850.

4. Rice KL, Dewan N, Bloomfield HE, Grill J, et al. Disease management program for chronic obstructive pulmonary disease: a randomized controlled trial. *Am J Respir Crit Care Med*. 2010 Jan 21.



"The speakers were excellent and very engaging. The introduction by actual patients was great. This will be a course that will be offered to my staff." – Kimberly S. Wiles, BS RRT

"The course was a great in-depth overview of the current concept in COPD and management." – Tim Buckley, RRT FAARC

"Really covers all the essentials for being a very good COPD Educator. The Panel Discussion provided great insights on the patient-provider relationship and how strong this influences and impacts real psycho-social needs." – Kevin Ryan BS RRT

"The inclusion of a dietician, nurse, respiratory therapist, physician, and patients provides both depth and breadth for this program." – Garry W. Kauffman, MPA FACHE RRT FAARC

This online course is facilitated by leading clinicians in respiratory/pulmonary care:

Robert A. Sandhaus MD PhD FCCP

Bill Galvin MEd RRT CPFT AE-C FAARC

Thomas Kallstrom MBA RRT FAARC

Karen L. Gregory MS APRN-BC CNS RRT AE-C

Patricia B. Koff MEd RRT

Mary K. Hart BS RRT AE-C

Patrick Dunne MEd RRT FAARC

Heather Driscoll RD MBA

Visit http://www.aarc.org/education/copd_course/ for more information.

Nonmember Price \$225

AARC Member Price \$165

Member Savings \$60!

10 Hours of CE Credit

Earns CRCE and Continuing Nursing Education Credit

This course earns CRCE credit from the American Association for Respiratory Care. Participants must view all modules. No partial credit given.

This continuing nursing education activity was approved by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



American Association for Respiratory Care
9425 North MacArthur Blvd. Suite 100, Irving, TX 75063
(972) 243-2272 Fax (972) 484-2720
info@aarc.org



This course is jointly sponsored by the COPD Foundation and the AARC.



The AARC COPD Educator Course has been accredited by the International Education Recognition System (IERS) and Continuing Respiratory Care Education (CRCE).